



FAMILY BENEFITS FOR MULTIPLE BIRTH PARENTS

A great start to multiple birth parenthood





MATERNITY ALLOWANCE

Families with multiples are entitled to receive multiple maternity allowances.

- In case you get multiple children at once, the maternity benefit will be increased so that for the second child, you will receive twice, for the third child you will receive triple the benefit, etc. This means that for the twins you will receive 3 benefits, for a triplet, you will receive 6 benefits etc.
- You may choose between a cash benefit, or a benefit in the form of maternity package, or for a combination of these two. For example, in the case of twins, the family may choose for 2 maternity packages and 1 cash maternity benefit.





MATERNITY GRANT

The parental allowance was renewed, and the new law is effective from 1.8.2022. The parental leave consists of a maternity grant and the parental allowance.

The maternity grant for a mother giving birth to multiple children, is the same as in the situation of one child, which is 40 working days. Kela pays maternity grant for a period of 40 days, disregarding the actual day of birth of the child. The days for maternity grant should be scheduled on one go, as postponing them for a later date is not possible. If the child is born before the maternity leave is effective, the maternity grant will be paid from the next working day onwards.





PARENTAL ALLOWANCE

The parents of multiples are entitled for a parental allowance for a period of 320 working days, followed by 84 days of daily allowance per second child and per each child coming after that.

Both parents have an equal number of days of parental allowance to be used, which is 160 working days. One of the parents may give his/her/their days of parental allowance to the other parent to be used, with a maximum of 63 days.





SHARING THE DAYS OF PARENTAL ALLOWANCE IN A MULTIPLE BIRTH

The number of days of parental allowance is as followed:

- Family with twins 404 (320 + 84 days)
- Family with triplets 488 (320 + 84 + 84 days)
- Family with quadruplets 572 (320 + 84 + 84 + 84 days).

The additional days will be equally shared between both parents. One may transfer his/her/their individual share of days (42 working days) in total for example for the other parent.



Esimerkki: Vanhemmat yhtä aikaa vanhempainvapaalla



BOTH PARENTS STAYING AT HOME AT THE SAME TIME

Due to the renewal of the law, both parents are able to stay home together to take care of the children for a longer period of time than in the past.

They might be entitled to receive parental allowance, or, both maternity grant and parental allowance at the same time in addition to the normal 18 working days with the maximum of 90 days per second child, and the children following.

The maximum number of days of parental allowance and/or maternity grant is:

- Parents of twins: 108 working days (18 + 90 days)
- Parents of triplets: 198 working days (18 + 90 + 90 days)
- Parents of quadruplets: 288 working days (18 + 90 + 90 + 90 days)

